



# Winter Activity Suggestions

The snow is flying, and winter is here! Here are some suggestions to develop gross motor skills while enjoying our chilliest season.

1. **Make Snowmen.** This is a great way to develop strength, work with friends and display your creativity.
2. **Make Snow Angels**
3. **Build a snow fort**
4. **Make a target, and throw snowballs at it.** Just don't throw them at your friends or at windows!
5. **Try skating, skiing, snowboarding, snowshoeing or sledding.** Just make sure to wear a helmet.
6. **Help shovel the sidewalks.**
7. **Try writing your name in the snow** with your finger.
8. **Play frozen tag.**
9. **Footsteps** - one person leads through fresh snow and everyone else has to walk only in their footprints.

