



Language learning Tip for Home

Building Skills for Following Directions

Listening Skills:

- Teach your child the “Give me 5” strategies:
 1. eyes looking
 2. ears listening
 3. brain thinking
 4. mouth quiet
 5. body still
- Teach your child to make pictures in their mind of what they have to do.
- Teach your older child to underline key words in written instructions.
- Teach your child to practice saying directions over and over again to him/herself to help remember.

Good Environment

- Get rid of distractions before presenting a direction to your child.
- Pair your words with actions when giving a direction.
- Give one direction at a time, or group directions that are similar.
- Use examples, demonstrations, or pictures when possible.

How You can Help Your Child

- Inform your child of when it is time to listen.
- Ask your child to repeat directions after you say them.
- Allow your child extra time to understand and carry out directions.
- If at first your child does not follow your direction, it may be because they did not understand. make your direction easier by rephrasing, using simpler words or shorter directions.

