



# Bright Ideas: Messy Play

Messy play is a great way to spend the day!

Spending time with children getting your hands dirty is a great way to explore, expand senses, and develop creativity.

Here's a great project to try:

*Put some flour or jello crystals on a cookie tray and make shapes, letters or numbers in it with fingers and hands. Try drawing simple lines and have your child copy or trace them in the mixture.*

It's amazing what learning can happen when you get a little messy!

