



Bright Ideas: Background Noise

Did you know that constant background noise (e.g. television, radio, music) in the home environment can deter good listening skills?

Children tend to “switch off” their hearing as a way of coping with too much noise. Unfortunately, when they switch off the background noise, they also switch off the human voice. So, turn off the television when you are helping with homework, reading a story, or just having a conversation - you’ll both get more out of it!

